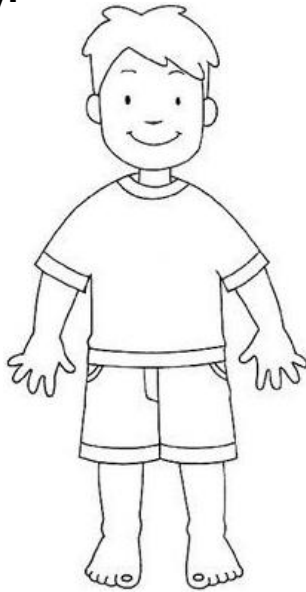


1. Label the various parts of the body.



2. Observe the pictures and fill in the blanks.

i) \_\_\_\_\_ helps us to read and see things around us.



ii) \_\_\_\_\_ helps us taste many things.



iii) The \_\_\_\_\_ helps us smell things.



3. Write whether the body parts are single or in a pair.

a) Nose \_\_\_\_\_

b) Lungs \_\_\_\_\_

c) Stomach \_\_\_\_\_

d) eyes \_\_\_\_\_

f) Neck \_\_\_\_\_

g) Head \_\_\_\_\_

4. Answer the following questions.

i) Name the sense organs.

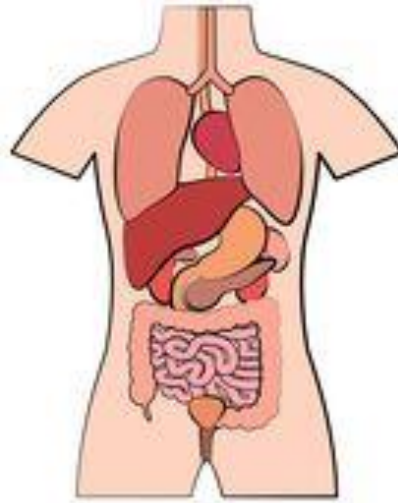
ii) What does the brain do for us?

iii) What are internal organs? Give 2 examples.

iv) Name the internal organ that controls our body.

v) Which organ helps us digest food?

**5. Label any 5 internal organs of our body.**



**Chapter –2**

**Worksheet-2**

**1. Identify the types of families shown in these pictures.**



\_\_\_\_\_

\_\_\_\_\_

**2. What do you call the following relatives in your mother tongue?**

a) My sister \_\_\_\_\_

b) My aunt's son is my \_\_\_\_\_

c) My father's mother \_\_\_\_\_

d) I call my brother \_\_\_\_\_

**3. Complete the names of family members.**

a) M \_\_\_\_\_ t \_\_\_\_\_

b) Gr \_\_\_\_\_ d f \_\_\_\_\_ h \_\_\_\_\_ r

c) S \_\_\_\_\_ t \_\_\_\_\_ r

d) B \_\_\_\_\_ o t \_\_\_\_\_

e) \_\_\_\_\_ t \_\_\_\_\_ r

**4. Describe your family in three sentences.**

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**Chapter –3**

**Worksheet-3**

**1. Write Yes / No.**

a) We trim nails with a nail cutter. \_\_\_\_\_

b) We bathe every day with soap and water. \_\_\_\_\_

c) We should wash hands before and after eating food. \_\_\_\_\_

d) We need not flush the toilet after use. \_\_\_\_\_

e) We wash our hair with a shampoo. \_\_\_\_\_

**2. Draw pictures of two of your favorite foods and write two sentences on each.**

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3. Write down any three habits which you follow to stay clean.

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4. What should we do to stay healthy?

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5. What is posture?

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6. Why should we not sit in a bad posture?

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7. What is the right way to walk? Why?

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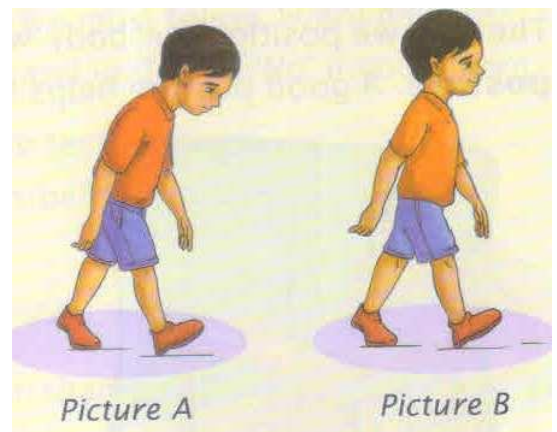
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8. Complete these.

a) If we eat lot of sweets, it will harm \_\_\_\_\_.

b) If we watch and listen to television at a high volume, it will harm \_\_\_\_\_ and \_\_\_\_\_.